



Pelham Senior Center

November 2019

50 Racquet Club Pkwy
 Pelham, AL 35124
 205-620-6064
 www.pelhamalabama.gov

Mon	Tue	Wed	Thu	Fri
SENIOR CENTER HOURS Monday-Friday 9:00am-3:30pm				1 Southern Home and Garden 10:30-11:30am Tai Chi 12-1pm Exercise 1pm Rummikub 2-3pm Ballroom Dance
4 10am-3pm Duplicate Bridge 10:30am-12:30pm Crafts 12-1pm Exercise	5 Red Hats Outing 10:30am-12:30pm Art Studio 10:30-11:30 Inter. Line Dance 1-2pm Inter. Line Dance 2-3pm Beg. Line Dance	6 10-1pm Party Bridge 10-11am Men's Coffee 11am-12pm Zumba Gold 12-1pm Gentle Yoga 1:15-3:15pm Promenaders	7 Lunch Around Town Stone Bridge Farms 9am Mahjong 1pm Bingo 12pm Canasta	8 9:15-10:15am Celebrating our Veterans– Join us for Donuts and Coffee! 10:30-11:30am Tai Chi 12-1pm Exercise 1pm Rummikub 2-3pm Ballroom Dance
11 Senior Center Closed Veteran's Day 	12 10:30am-12:30pm Art Studio 10:30-11:30 Inter. Line Dance 1-2pm Inter. Line Dance 2-3pm Beg. Line Dance	13 10-1pm Party Bridge 10-11am Men's Coffee 11am-12pm Zumba Gold 12-1pm Gentle Yoga	14 9am Mahjong 1pm Bingo 12pm Canasta Senior Dance– must have pre-purchase ticket	15 Coffee Concert/Symphony 10:30-11:30am Tai Chi 12-1pm Exercise 1pm Rummikub 2-3pm Ballroom Dance
18 10am-3pm Duplicate Bridge 10:30am-12:30pm Crafts 12-1pm Exercise 1:30-2:30pm Drumming with John	19 10:30am-12:30pm Art Studio 10:30-11:30 Inter. Line Dance 1-2pm Inter. Line Dance 2-3pm Beg. Line Dance	20 10-1pm Party Bridge 10-11am Men's Coffee 11am-12pm Zumba Gold 12-1pm Gentle Yoga 1:15-3:15pm Promenaders	21 Thanksgiving Luncheon Must have signed up 9am Mahjong 1pm Bingo 12pm Canasta	22 10:30-11:30am Tai Chi 12-1pm Exercise 1pm Rummikub 2-3pm Ballroom Dance
25 10am-3pm Duplicate Bridge 10:30am-12:30pm Crafts 12-1pm Exercise	26 10:30am-12:30pm Art Studio 10:30-11:30 Inter. Line Dance 1-2pm Inter. Line Dance 2-3pm Beg. Line Dance	27 WEAR YOUR FAVORITE TEAM COLORS! Alabama vs Auburn 10-1pm Party Bridge 10-11am Men's Coffee 11am-12pm Zumba Gold 12-1pm Gentle Yoga	28 Happy Thanksgiving! Senior Center is Closed 	29 Senior Center is Closed