

Pelham Senior Center

October 2019

50 Racquet Club Pkwy

Pelham, AL 35124

205-620-6064

www.pelhamalabama.gov



Mon	Tue	Wed	Thu	Fri
<p>NEW SENIOR CENTER HOURS Monday– Friday 9:00am-3:30pm <i>(beginning Oct 1)</i></p>	<p>1 10:30am-1pm Art Studio 10:30-11:30 Inter. Line Dance 1-2pm Inter. Line Dance 2-3pm Beg. Line Dance</p>	<p>2 10-1pm Party Bridge 10-11am Men's Coffee 11am-12pm Zumba Gold 12-1pm Gentle Yoga 1:15-3:15pm Promenaders</p>	<p>3 Thursday Luncheon Wilson Hill Band 10am Mahjong 1pm Bingo 1pm Canasta 1pm Rummikub</p>	<p>4 10:30-11:30am Tai Chi 12-1pm Exercise 1pm Rummikub 2-3pm Ballroom Dance</p>
<p>7 10am-3pm Duplicate Bridge 10:30am-1pm Crafts 12-1pm Exercise</p>	<p>8 10:30am-1pm Art Studio 10:30-11:30 Inter. Line Dance 1-2pm Inter. Line Dance 2-3pm Beg. Line Dance</p>	<p>9 10-1pm Party Bridge 10-11am Men's Coffee 11am-12pm Zumba Gold 12-1pm Gentle Yoga</p>	<p>10 10am Mahjong 1pm Bingo 1pm Canasta 1pm Rummikub</p>	<p>11 10:30-11:30am Tai Chi 12-1pm Exercise 1pm Rummikub 2-3pm Ballroom Dance</p>
<p>14 10am-3pm Duplicate Bridge 10:30am-1pm Crafts 12-1pm Exercise</p>	<p>15 10:30am-1pm Art Studio 10:30-11:30 Inter. Line Dance 1-2pm Inter. Line Dance 2-3pm Beg. Line Dance</p>	<p>16 10-1pm Party Bridge 10-11am Men's Coffee 11am-12pm Zumba Gold 12-1pm Gentle Yoga 1:15-3:15pm Promenaders</p>	<p>17 10am Mahjong 1pm Bingo 1pm Canasta 1pm Rummikub</p>	<p>18 10:30-11:30am Tai Chi 12-1pm Exercise 1pm Rummikub 2-3pm Ballroom Dance</p>
<p>21 10am-3pm Duplicate Bridge 10:30am-1pm Crafts 12-1pm Exercise</p>	<p>22 10:30am-1pm Art Studio 10:30-11:30 Inter. Line Dance 1-2pm Inter. Line Dance 2-3pm Beg. Line Dance</p>	<p>23 10-1pm Party Bridge 10-11am Men's Coffee 11am-12pm Zumba Gold 12-1pm Gentle Yoga</p>	<p>24 10am Mahjong 1pm Bingo 1pm Canasta 1pm Rummikub</p>	<p>25 10:30-11:30am Tai Chi 12-1pm Exercise 1pm Rummikub 2-3pm Ballroom Dance</p>
<p>28 10am-3pm Duplicate Bridge 10:30am-1pm Crafts 12-1pm Exercise</p>	<p>29 10:30am-1pm Art Studio 10:30-11:30 Inter. Line Dance 1-2pm Inter. Line Dance 2-3pm Beg. Line Dance</p>	<p>30 10-1pm Party Bridge 10-11am Men's Coffee 11am-12pm Zumba Gold 12-1pm Gentle Yoga</p>	<p>31 10am Mahjong 1pm Bingo 1pm Canasta 1pm Rummikub</p>	